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It's that time of year again!

Announcing the 2011 DOE Car Show at Forrestal

The DOE Energy Recreation and Welfare Association, in partnership with the Lost Caravan Corvette Club (LCCC), is planning another Sport Cars Show at the DOE Forrestal Building for Friday, July 15th, 2011 (Rain date Friday, July 22nd) from 11:00am to 1:30pm.

REGISTERING FOR THE SHOW IS FREE!

As in past years, the show is open to all Federal agency employees and contractors, military personnel, and retired Federal employees who wish to show their sport cars, hot and street rods, antiques, and of course Corvettes! Another basket of goodies will be raffled off with proceeds going to **Operation We Care** which provides support to the USO for our overseas troops and their families (for more information on the LCCC program see: http://www.lostcorvettes.org/public/lccc_owc_intro.htm).

I. L. Creations, DOE Headquarters excellent food service provider will again be holding a **big time cookout**, offering burgers, hot dogs, sides and a drink at a bargain price, while the party is energized by car songs from the past.

Interested in showing off your wheels at the show? Send Dan Woomer an email at dan.woomer@lostcorvettes.org with your contact info (Name, Phone Number and Email address). Registration closes Friday, July 8th. Those with specialized or high-gas mileage vehicles are also welcome to show off their wheels with brag rights on their gas-saving strategies.

For more info about the show - go to: http://www.lostcorvettes.org/public/lccc_trips_activities.htm. Please be sure to print off the show flyer to post in your office area to let your colleagues know another great car show is coming to Forrestal. Tell all your colleagues, come on out to the show, grab a great lunch, enjoy the music, look over the beautiful vehicles, and help support our troops through the USO.



On April 20, ERWA presented Meryl Schindel a Certificate of Appreciation and gift card for "service to the employees and contractors of the Department over a span of 40 years." Meryl ran the GTN Barber Shop for over 40 years. (Meryl says it's more like 50 years, but we think he's much too young for that!) The Germantown Barber Shop is now under the purview of Zoie and Courtney who will continue to offer exemplary service to their Germantown customers.



Flag Day June 14

On June 14, 1777, the Continental Congress passed the first Flag Act: "Resolved, That the flag of the United States be made of thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new Constellation."

Today the flag still consists of thirteen stripes, which commemorate the original colonies. Instead of thirteen stars, today the number of stars on the US flag has grown to 50, representing every state in the Union.

Even the colors of the flag are symbolic: Red symbolizes Hardiness and Valor, White symbolizes (Continued Page 3)

Why Roundtop?

Tons of fun is in store for you just 2 hours away in Lewisberry, PA, the home of Mountain Adventures and Paintball at Ski Roundtop!

Your Mountain Top Adventure Package includes--

OGO Balls are 11-foot diameter inflatable balls with a 6-foot ball suspended in the middle. The rider climbs into the inner ball and enjoys a totally unique ride down the two 900 foot tracks. H2OGO Balls have 5 gallons of fresh water in them so you and up to two friends body surf inside during the ride. IGO Balls have a harness in them so one rider goes upside down as the ball rolls. OGO is for ages 6+. Maximum rider weight is 275 lbs. Maximum combined weight for up to 3 riders is 550 lbs.

Tree House Zips are four 100-foot zip lines that start on a two-story tower. The tower features climbing elements as well as a really cool bridge that goes through a Y shaped tree trunk. After you have zipped, the lines lower you gently to the ground where you unclip and climb back up to do it again! Tree House Zips are for ages 8+. All riders must be between 70 and 300 lbs.

The Woods is a multi-generational play area featuring short zip lines, bridges, a Tarzan swing, and a number of climbing elements, all close to the ground.

Bumper Boats a great way to cool off. The electric boats feature water cannons for lots of wet summer fun. Must be 44"+ to drive the boats. Passengers under 40" must wear a floatation device.

Tubing is all the fun of snow tubing, but in warm weather. The difference is that the runs are covered with a special material that slides like snow, but works in any temperature. The Magic Carpet gets you back to the top the easy way. New for 2011--sprinkler tunnels to make the runs faster and more fun on a hot summer day!

Scenic Chairlift Rides go up over 600 vertical feet. You may ride round trip, get off at the top and explore a bit before riding down, or hike down on your own and enjoy nature. From the top of the ride you can enjoy a view of up to 6 counties!

Your Paintball Packages includes--

The paintball operation is the largest and most varied in the region with 10 fields including a town, airball, a fort and scenario fields featuring landing craft, a glider, tanks and a helicopter. Selected fields are lighted for night play.

Recruit Package includes filed fees, marker rental, first 10 rounds of paint, goggles/facemask, unlimited air/CO2 and a safety presentation.

Sergeant Package includes all the Recruit package elements but with 500 rounds of paint.

Spring Schedule--Saturday & Sunday, May 28/29, June 4/5, June 11/12

Summer Schedule--Wednesday through Sunday, June 15 through August 28

Fall Schedule--Saturday & Sunday, September 3/4

Hours of Operation--11:00 am to 8:00 pm

	Our Price	Their Price
Adult Adventure Package (Ages 11-64)	\$34.00	\$39.00
Jr/Sr Adventure Package (Ages 5-10 & 65+)	\$25.00	\$29.00
Paintball Sergeant Package (Ages 10+)	\$34.00	\$39.00
Paintball Recruit Package (Ages 10+)	\$20.00	\$23.00

Okay -- so make a weekend of it -- just approximately 40 miles and minutes away from Roundtop Mountain Adventures is **Hershey Park**, with its water parks and roller coasters, shows and entertainment.

Members can purchase Hershey Park discounted tickets from the Germantown and Forrestal shops.

The rides are categorized Mild to Wild to find the ride that best suits YOU! This new Ride Rating System allows you to select rides based on your experience level, physical condition, and abilities. Every ride is grouped into one of five categories:

CHILDREN'S RIDES -- This is a low-speed, gentle ride intended for young children and may accommodate chaperones where permitted.

MILD THRILL RIDES -- This is a low to medium speed ride with expected changes in elevation and speed. This ride may require some rider body control and is not intended for unaccompanied toddlers or very young children.

MODERATE THRILL RIDES -- This is a medium speed ride where riders may experience unexpected changes in elevation and speed. This ride may contain moderate twists, turns, bumps, spins, and loops, and may require some rider body control.

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HIGH THRILL RIDES -- This is a fast-paced ride experience with unexpected changes in speed, direction, and/or elevation. This ride may contain significant twists, turns, bumps, spins, and loops, and requires rider full body control.

AGGRESSIVE THRILL RIDES -- This is a high-speed experience. Riders will experience many unexpected, rapid changes in speed, direction, and/or elevation and requires rider full body control. This ride is not recommended for guests with physical, cognitive, and/or medical limitations.

Members can purchase Hershey Park discounted tickets from the Germantown and Forrestal shops. There are plenty of hotel accommodations in the area to give you plenty of time to enjoy both Mountain Adventures and Hershey Park; so check the Web for the accommodation to fit your budget. **Get out there and have fun!**

Flag Day from page 1

Purity and Innocence and Blue represents Vigilance, Perseverance and Justice.

Here are a few basics on displaying the American flag:

- The flag is normally flown from sunrise to sunset.
- In the morning, raise the flag briskly. At sunset, lower it slowly. Always, raise and lower it ceremoniously.
- The flag should not be flown at night without a light on it.
- The flag should not be flown in the rain or inclement weather.
- After a tragedy or death, the flag is flown at half staff for 30 days. It's called "half staff" on land, and "half mast" on a ship.
- The American flag is always flown at the top of the pole. Your other flags fly below it.
- The union is always on top. When displayed in print, the stars and blue field are always on the left.
- Never let your flag touch the ground, never...period.
- When your flag is old and has seen better days, it is time to retire it. Old flags should be burned or buried. Do not throw it in the trash.

GTN June Vendors

06/01	Jackie Littlejohn, The Jewelry Store
06/01	Representatives from T-Mobile
06/02	Jit Gidda, Men's and Women's Accessories
06/03	Jit Gidda, Men's and Women's Accessories
06/06	Lisa White, Sugar Scrubs
06/07	Vikki Rome, Vikki's Golden Treasures
06/08	Vikki Rome, Vikki's Golden Treasures
06/09	Hebe Wiseman, Artisan Jewelry
06/09	Jessie Kretzer, Arbonne Skin Care
06/10	Yvonne Prevost, Mary Kay Cosmetics
06/13	Gerry Goldgraben, Watch Sales & Repairs
06/14	Gerry Goldgraben, Watch Sales & Repairs
06/15	Barbara Kinney, Bardangle Jewelry
06/15	Representatives from Kings Creek Plantation Williamsburg
06/16	Sidney Katz, Leather gifts and accessories
06/17	Lorraine Fowlkes, Tastefully Simple
06/20	Lorraine Fowlkes, Tastefully Simple
06/21	Ransom, Shaklee Products
06/22	Nancy Nicola, Pursenalities
06/23	Joyce Williams, TEAZ (Teas and Tea Accessories)
06/24	Matthew Godbolt, Unique Treasures Oils and Lotions
06/27	Lorraine Fowlkes, Tastefully Simple
06/28	Barb Omholt, Barb's Baubles
06/29	Hebe Wiseman, Artisan Jewelry
06/30	Patricia Johnson, Fashion Jewelry

FORS June Vendors

06/01	Lynnette Jackson, Cakes & Cookies; Irick/Hollinshead, Handbags & Gold & Silver Jewelry
06/01	Sharonda Stewart, Books
06/02	Satnam/Singh Gidda, Perfumes & Neckties
06/02-03	Indu Shama, Jewelry & Gifts; Marion Baskin, Music
06/06-07	Sharon Scott, Lotions, Perfumes, Oil Burners & Oil
06/06	Bola Surratt, Children's Toys
06/07-08	Gary Cassinis & Lou Cassamanssa, Ladies' Shoes
06/08	Leslie Lerman, Jewelry & Gifts
06/09-10	Harold Griffin, Women's Clothes & Purses
06/09	Patty Tsao, Handmade Jewelry
06/10	King Twitty, Sports Memorabilia & Pictures
06/13	Trudy Gibbs, Mary Kay; Long Fence, (NEW)
06/14-15	Cathy & Stan Clark, Seasoning & Jewelry & Oils
06/14	Valeria Miller, Ladies' Apparel
06/15	Ghazel Amir, Sterling Silver Jewelry
06/16	Marla Sabin, Sterling Silver Jewelry; Barbara Mayo/Marie Spencer, Jewelry, Gifts
06/16-17	Tina Steiner, Children's Clothes
06/20	Hanna Weinstein, Handmade Jewelry
06/20-21	Paul Bruno, Raw Shea Butter & Soaps
06/21-22	Casey People, Pictures and Frames
06/22	Steve Reynolds, One World Creations - Sterling Silver
06/23-24	Brenda Toye, Women's Apparel, Hats; Ellen Hawkins, Plus-sized Women's Clothes
06/24	Delores Lashley, Women's Fashion
06/27-28	Goldengraben/Blum, Watch Sales & Repair
06/27	Gerri White, Betty Boop Fashion
06/27-28	Michelle Freeman, Sports Memorabilia
06/29/30	Harold Bydume, Fancy Findings, LLC; Robert Bradshaw, Women's Clothing - (NEW)

For Additional Vendor Savings Visit the ERWA Updated Web Site <http://www.recgov.org> - then click on the energy button.

The Advertiser

CARPOOLS/VANPOOLS

CP needs driver/rider from Springfield to FORS, work hrs 7:30 - 4:00, contact Ruby 6-4136.

VP needs drivers/riders from Frederick to GTN, 7-4:30 AWS, 3-9990

Need ride from New Windsor, Md to DOE, GTN. 2 or possibly 3 days per week. Have medical condition and need ride to and from DOE. Call Virgil Denning at H 410 635-8204; C 202 359-3975 or G-Mail Butch.Denning@gmail.com.

RIDER WANTED Pick up or drop off from Urbana Park and Ride or Germantown (Century Blvd) locations. Arrive at Forrestal around 6am and depart at 4pm - AWS 240 750-0795.

CT/MD Vanpool. Charles Town, WV or Brunswick residents. Meet Food Lion parking lot, Charles Town, WV departure at 5:45a and Park n Ride, Brunswick, MD (off rt 340, exit# 1, Knoxville, MD) departure at 6:05a.

Work hrs 7a-4:30p. Janet Tatterson at 304 995-4510 .

Van Pool Riders Wanted! Laurel, MD (BW Parkway & Rt. 197) Mall Area, Washington DC. Depart Laurel 6:45AM, Arrive Laurel 5:50-6:10 PM Contact. Shirley 202 586-2218. METRO CHECKS ACCEPTED AS PARTIAL PAYMENT!

CP needs driver/rider from Reston to FORS, 7-4:30 AWS, Jim 7-1370.

FOR SALE

HOT TUB Master Spa/Down East Model Windsor SE, 8'x8' 550 gals, 7 seats, New Eco pure filter system, new cover. 5 yrs old, barely used. New \$8,000, asking \$4,000. Alan 301 748-9570

100% Alpaca Bears and yarn for sale, natural colors. Personalized Golf Markers (pewter) In stock only \$4, Lisa German 301 829-0599.

SERVICES

Considering retiring from DOE and wonder what's next? Contact Sydney Frymire, Certified Life Coach, to help you prepare for the future. Sydney

Frymire, LCSW-C, Certified Life Coach 301-233-7612, www.thetrekofyourlife.com

Stan's New Thai Herbal Hot Ball Massage! Be transformed with a traditional Thai massage treatment which combines Swedish massage strokes and Thai stretching with warm muslin balls filled with traditional Thai herbs and spices to help relax, detoxify, increase blood flow and stimulate the immune system. Call 202 746-1479, email bodytech@verizon.net or sign up in FOHO GM-159.

Debbie's Daycare: Licensed. Over 30 yrs. experience. Reasonable rates. Excellent references. Germantown; convenient to DOE. 301 540-6818

HOMES/Vacation - Sale/Rent

RENT. Beautiful End Unit House in Clarksburg. 3 bedrooms, 2-1/2 baths, dining room, office, etc; stainless, gas, open floor plan; detached 2-car garage; private courtyard; walk to pool & rec; near DOE, I-270, bus, schools; 2,600 sqft; previously owner occupied. \$2,350 monthly. Avail July 1. TH20871@verizon.net

ERWA ADMINISTRATIVE CONTACTS

ERWA President: Ruth Watkins

ERWA Offices: Germantown; E-101, 301 903-5440 Wed., Thurs., and Fri. 11:30 am to 1:30 pm, Forrestal; GE-139, 202 586-0330, Thurs., 11:30 am to 1:30 pm

Mailing Address: USDOE, ERWA, Room E-101, 19901 Germantown Road Germantown, MD 20874, or 1000 Independence Avenue SW, Washington, D.C. 20585-1290

FORS Directors: Shirley Cambrel at 202 586-3173 or Deborah Bullock at 202 586-8023

ERWAYS Editor: E-066 GTN or ERWA@hq.doe.gov

Web site: http://www.recgov.org and click on ENERGY

ERWA HOTLINE 301 903-8500

How to Submit Ads & Articles

Due to a shortage of space CP/VP and other continuously running Ads may NOT always appear in each issue. Please try to limit ALL Ads to three issues and be as brief as description allows. Also, if your continuously running Ad (CP/VP for example) is no longer needed, let us know.

Office phone number for CP/VP ads & gov. business **ONLY**. Home number **ONLY** for personal ads—**INCLUDING AREA CODE**. Personals run one issue, then must be re-submitted. For Ads and Articles please send Disk in MS WORD or Word Perfect with any WP file extension (example AD.WP5 or WP6), send E-mail to ERWA@hq.doe.gov, or typed legible copy to: Editor, E-066/GTN. Include your name & current ERWA membership number. Your disks will be returned asap. **NEWSLETTER DEADLINE IS ONE MONTH IN ADVANCE** (e.g., Jan. 1st for the Feb issue). - ED.

ERWA Club and Activity Contacts

Travel Ruth Watkins 301 903-2644 GTN

Toastmasters Joe Wong 202-287-5282 GTN/FORS
Jason Locey 202-586-9418 FORS

Vendor Hotline 301 903-1222 GTN

Softball/ Kickball Joe Gazda 202 586-2075 FORS

Golf John Panek 301 903-4295 GTN

Soccer Ken Kellar 301 903-9420 GTN

"DOE and ERWA do not endorse products or services advertised in ERWAYS nor endorse or guarantee products purchased from lobby vendors."



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U.S. Department of Energy Energy R & W Association Membership Application

Name _____

Phone # _____ Rt. Sym. _____

Duty Station (Bldg.) _____

Send \$4.00 & this completed form to:
ERWA Membership, E-066 GTN.

Membership good for 1 year from issue date.