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Flag Day June 14th

Flag Day, is a day for all Americans to celebrate and show respect for our flag, its designers and makers. Our flag is representative of our independence and our unity as a nation.....one nation, under God, indivisible. Our flag has a proud and glorious history. It was at the lead of every battle fought by Americans. Many people have died protecting it. It even stands proudly on the surface of the moon.

As Americans, we have every right to be proud of our culture, our nation, and our flag. So raise the flag today and every day with pride!

Properly Display Our Flag

There is a right way and a wrong way to display the flag. The American flag should be held in the highest of regards. It represents our nation and the many people who gave their lives for our country and our flag. Here are the basics on displaying the American flag:

The flag is normally flown from sunrise to sunset.

In the morning, raise the flag briskly. At sunset, lower it slowly. Always, raise and lower it ceremoniously.

The flag should not be flown at night without a light on it.

The flag should not be flown in the rain or inclement weather.

After a tragedy or death, the flag is flown at half staff for 30 days. It's called "half staff" on land, and "half mast" on a ship.

When flown vertically on a pole, the stars and blue field, or "union", is at the top and at the end of the pole (away from your house).

The American flag is always flown at the top of the pole.

(continued on page 3)

Wounded Warrior Appreciation Day

On April 24, Post 171 of the American Legion in Damascus, Maryland, held "Wounded Warrior Appreciation Day" to show their appreciation and gratitude to our combat veterans.

The Legion invited combat wounded military from Walter Reed Army Medical Hospital and the Navy Medical Center in Bethesda to participate and enjoy an afternoon of entertainment, good food, and a respite from the hospital environment. These heroes were greeted by troops of Girl Scouts and Boy Scouts, who lined the street, waved American flags and cheered as the police-escorted bus pulled up to the Post. The Post hosted a silent auction, which offered for bid, two roundtrip American Airlines tickets donated by a local bank and a pig roast complete with band. ERWA donated a gift certificate to Marriott properties to be auctioned.

The Post raised a total amount of \$5,000, which will be donated to the Wounded Warrior Project. The Wounded Warrior Project provides unique services to severely injured servicemen and women and helps wounded service personnel and their families readjust to civilian life.



Pictured from l. to r. are Bernie Moxley, Chairman of the Wounded Warrior Appreciation Day Program, Ruth Watkins, President of ERWA, and George Bolling, committee member of the Wounded Warrior Appreciation Day Program.

Universal Studios



If you logged on to the ERWA website, <http://www.recgov.org/energy>, you probably noticed a link to Universal Studios for discount opportunities. ERWA participates in the "UNIVERSAL Orlando® Fan Club."

The Fan Club offers our DOE family members discounts to hotels, tickets, and such while visiting Universal Studios in Orlando. You can receive the discount by inputting the "Director Password" C4XNW6M7. ERWA would like to thank Colleen McElwee for reminding us of our participation with the Fan Club!

Fan Club members can pre-purchase tickets by booking online at the special link provided to your company's Fan Club Director or by calling 1-888-777-2131.

These discounts are not available to the general public. All member benefits are subject to change without notice.



ERWA Says Have Some Summer Fun!

Summer Fun With ERWA Discounts. Stop by the ERWA Shop for discount tickets to Hershey Park, Dutch Wonderland, Kings Dominion, and Busch Gardens Williamsburg and Water Country USA.

New Logo Item

Check out our new-style key chains in full color. Packaged in a plastic case, this key chain makes the perfect gift or remembrance for your friends and colleagues. Available at both the Germantown and Forrester shops for \$6.00 each.



The Month of June

The Summer Solstice and Other June Fun Facts

The "Summer Solstice" has long been celebrated by ancient and modern people around the world. In the Northern Hemisphere, summer solstice begins on June 21, 2010 at 7:28 AM EDT.

Sol + stice derives from a combination of Latin words meaning "sun" + "to stand still." As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky.

As a major celestial event, the Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, but the people on the Southern half of the earth have their longest summer day in December.

Not only is June a month that brings us the "Summer Solstice" but it is also a month with many other important events, like Father's Day. In the USA, UK and Canada it is celebrated on the 3rd Sunday in June. In the US it was made a national holiday in 1966.

Some other events are listed below.

- National Safety Month
- Fresh Fruit and Vegetables Month
- National Dairy Month
- National Smile Month (probably due to weddings and graduations)
- National Home Ownership Month
- National Hernia Awareness Month
- National Scoliosis Awareness Month
- National Disaster Preparedness Month for Animals
- National Internet Safety Month
- National Iced Tea Month
- National Candy Month
- National Accordion Awareness Month

June is also the month for these 2 signs of the Zodiac

GEMINI

The Twins

May 22 to June 21

Traditional Gemini traits

Adaptable and versatile, communicative and witty, intellectual and eloquent, youthful and lively but on the dark side, nervous and tense, superficial and inconsistent, cunning and inquisitive.

Some famous people born under the sign of Gemini are Richard Wagner, Sir Author Conan Doyle, Queen Victoria, Patti Labelle, Vincent Price, Brigham Young, Johnny Depp, M.C. Esher, Errol Flynn, and Chet Atkins.

CANCER

The Crab

June 22 to July 22

Traditional Cancer Traits

Emotional and loving, intuitive and imaginative, shrewd and cautious, protective and sympathetic but on the dark side, changeable and moody, over emotional and touchy, clinging and unable to let go.

Some famous people born under the sign of Cancer are Clarence Thomas, George Orwell, Lena Horne, King Henry VIII, Tom Hanks, Milton Berle, Dianne Carroll, John Glenn, Don Knotts, Lizzy Borden, Andrew Wyeth, and Jack Dempsey.

Meet a Spy

June 18, 2010



Meet former CIA intelligence officer, Melissa Mahle, who offers an insider's peek into the shadow world of spying. During the Reagan years through 2002, Melissa ran operations against Al Qaeda terrorists, conducted missions to interrupt illicit networks plotting to sell weapons of mass destruction, and completed assignments throughout the Middle East, Central Asia, and Africa.

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Ticket available at the ERWA shops!

Museum Hours are:

9:00 am - 7:00 pm

24 Hour Info Line:

202 393-7798

TTY: 202 654-0977

**For Additional
Vendor Savings**

**Visit the ERWA
Updated Web Site**

<http://www.recgov.org>
then click on
the energy button.

Flag Day From page 1



Your state flag and other flags fly below it.

The union is always on top. When displayed in print, the stars and blue field are always on the left.

Never let your flag touch the ground, never...period.

Fold your flag when storing. Don't just stuff it in a drawer or box.

When your flag is old and has seen better days, it is time to retire it. Old flags should be burned or buried. Please do not throw it in the trash.

Did you Know?

- There is a very special ceremony for retiring the flag by burning it. It is a ceremony everyone should see. Your local Boy Scout group knows the proper ceremony and performs it on a regular basis. If you have an old flag, give it to them and attend the ceremony.

Did you Know?

- Betsy Ross was a seamstress who made clothes for George Washington. In June, 1776, Washington approached her to make the country's first flag and the rest is speculated history.

- Francis Scott Key, inspired by the British bombardment of Fort McHenry, penned the lyrics to our national anthem as he witnessed the event as British rockets whizzed in the air while our American Flag flew in the breeze

- If you like to study flags, then you are a Vexillologist!

GTN June Vendors

06/01	Tylesha Dobson, Our Butterfly Effects
06/02	Josie Cooper, Sports Memorabilia and Jewelry
06/03-04	Jerry Goldgraben, Purse Strings N Things
06/07	Patricia Johnson, Jewelry (with Fontella Johnson)
06/08	Hebe Wiseman, Jewelry
06/09	Gary and Renee Poston, Light My Fire
06/10	Yvonne Prevost, Mary Kay Cosmetics
06/11	Lorraine Fowlkes, Tastefully Simple
06/14	Barb Omholt, Barb's Baubles
06/15-16	Vikki Rome, Vikki's Golden Treasures
06/17	Beth Taylor, Bella Jewelry
06/18	Sidney Katz, Leather Gifts and Accessories
06/21	Marla Sabin, Sparkling Ideas
06/22	Karen Gurksnis, Sky Loom Native American Jewelry and Gifts
06/23	Maria Merriman, Wings of the Woodland
06/24	Nancy Nicola, Pursenalities
06/25	Patti Tsao, Gifts and Jewelry
06/28	Leia Podavin, Mary Kay Cosmetics and Tastefully Simple
06/29	Jessie Kretzer, Arbonne Skin Care
06/30	Hebe Wiseman, Hand-crafted Wire Jewelry

Sorry, no Forrestal vendor schedule was available at time of publication.

Mark Your Calendar for June 18th! Sport Cars at Forrestal

ERWA and the national Lost Caravan Corvette Club (LCCC) are hosting the Seventh Sport Cars show at the DOE Forrestal Building on Friday, June 18 (rain date Friday, June 25) from 11:00 a.m. to 2:00 p.m.



Come on out and enjoy the fun! See how your coworkers achieve good gas mileage and get their maintenance recommendations! As national interests in efficiency increases, the car owners will share their secrets on achieving good fuel performance and other cool car tips.

It's not too late to sign up!! Participation is open to all Federal employees, Federal contractor employees, retired Federal employees, and U.S. military personnel who own and would like to show their sports cars, hot and street rods, antiques, and of course Corvettes!

If you would like to participate, please send the following information to Dan Woomer at: dan.woomer@lostcorvettes.org

- Your Name and Nickname:
- Year, Make, and Model of Vehicle:
- Vehicle's Exterior Color:
- Are you a member of the LCCC? (Yes or No):
- Your License Tag number and State of Issue:
- Are you a Fed, Contractor, Retiree, or Military?:
- Your Federal Agency (DOE, USDA, FAA,...):
- Work Address (be sure to include office numbers, mail stops, etc.):
- Work Phone & Work Email Address (Alternate Email if possible):
- (For DOE Employees Only) Will you need a parking permit? (Y- N):

Registration is FREE (cutoff date is Friday, June 11th). Be sure to include your email address, and an alternate email address if you have one, as updates and other information about the show will be communicated to all registered participants by email.

The Advertiser

CARPOOLS/VANPOOLS

CT/MD Vanpool, save \$\$\$, eco friendly, and relieve stress. Currently 9 passenger van can move up. Looking for Charles Town, WV or Brunswick residents. Meeting place Food Lion parking lot, Charles Town, WV departure at 5:45a and Park n Ride, Brunswick, MD (off rt 340, exit# 1, Knoxville, MD) departure at 6:05a. Work schedule 7a-4:30p. Contact: Janet Tatterson at 304-261-4092.

Van Pool Riders Wanted! Laurel, MD (BW Parkway & Rt. 197) Mall Area, Washington DC. Depart Laurel 6:45AM, Arrive Laurel 5:50-6:10PM Contact Shirley 202 586-2218. METRO CHECKS ACCEPTED AS PARTIAL PAYMENT!

CP needs driver/rider from Reston to FORS, 7-4:30 AWS, Jim 7-1370.

CP Hagerstown to FOR, 6:30-4:00 Jim 6-4441 or Peter 6-8116.

CP needs rider/driver from Frederick to FORS, 7-4:30 AWS, Melinda 6-0012.

FOR SALE

INSANITY! The Workout; 13 DVDs, used 1 week! Comes with Nutrition Book and instructions, Original Box. \$75.00 (Retail: \$120). Call Donna 240 481-1101

David White Construction Level: \$85. Precision optical tool for laying out your construction project, leveling foundations, floors, pipes, walls, turning corners, setting grades, etc. Made in USA model. Can bring to GTN. Tom Anderson, 301 831-8674.

100% Alpaca Bears and yarn for sale, natural colors. Personalized Golf Markers (pewter) In stock only \$4, Lisa German 301 829-0599.

SERVICES

Stan's Spring Massage Special!! All massages are now just \$55/hour. Conveniently located in FOHO, Tues & Thurs 2-7 PM. Call 202 746-1479 or email bodytech@verizon.net.

Former Maryland Home Improvement Contractor now focusing on simple home repairs and maintenance. Part-time business. Have 20+ years experi-

ence. Can do a variety of tasks depending on job (portable welder, dry-wall hoist, pump jacks, garden tiller, snowblower). Call Matt at 240 285-1090 to discuss the work you need.

Dog Walking: Bonded and Insured couple available for mid-day dog walks/pet sitting. References available. Call 301 540-7292 for more info.

HOMES/Vacation - Sale/Rent

House for Rent GOT TO SEE! 3 level townhouse, located near Andrew Air force Base and Metro. bedrooms, 2.5 bath new hardwood floors and carpet, freshly painted, deck, fireplace and finished basement. If interested please call 301 503-2846.

For rent - New efficiency apartment. Month-to-month lease. Very large deck, A/C, dishwasher, garbage disposal, all utilities included, free basic cable (with \$100 equipment deposit), free wireless internet access. \$675/month. Call John at 301 473 2907.

GTN Condo for rent: lg. 2BR, 2FBA, Cath Ceil, new paint, \$1250 + util. Sec. dep. req, NS, NP 301 885-8512.

ERWA ADMINISTRATIVE CONTACTS

ERWA President: Ruth Watkins

ERWA Offices: Germantown; E-101, 301 903-5440 Wed., Thurs., and Fri. 11:30 am to 1:30 pm, Forrestal; GE-139, 202 586-0330, Thurs., 11:30 am to 1:30 pm

Mailing Address: USDOE, ERWA, Room E-101, 19901 Germantown Road Germantown, MD 20874, or 1000 Independence Avenue SW, Washington, D.C. 20585-1290

FORS Directors: Shirley Cambrel at 202 586-3173 or Deborah Bullock at 202 586-8023

ERWAYS Editor: E-066 GTN or ERWA@hq.doe.gov

ERWA HOTLINE 301 903-8500

How to Submit Ads & Articles

Due to a shortage of space CP/VP and other continuously running Ads may NOT always appear in each issue. Please try to limit ALL Ads to three issues and be as brief as description allows. Also, if your continuously running Ad (CP/VP for example) is no longer needed, let us know.

Office phone number for CP/VP ads & gov. business **ONLY**. Home number **ONLY** for personal ads—**INCLUDING AREA CODE**. Personals run one issue, then must be re-submitted. For Ads and Articles please send Disk in MS WORD or Word Perfect with any WP file extension (example AD.WP5 or WP6), send E-mail to ERWA@hq.doe.gov, or typed legible copy to: Editor, E-066/GTN. Include your name & current ERWA membership number. Your disks will be returned asap. **NEWSLETTER DEADLINE IS ONE MONTH IN ADVANCE** (e.g., Jan. 1st for the Feb issue). - ED.

ERWA Club and Activity Contacts

Travel Ruth Watkins 301 903-2644 GTN

Toastmasters Dan Marsick 301 903-3954 GTN, Eric Thomas 202 586-2242 FORS

Vendor Hotline 301 903-1222 GTN

Softball Joe Gazda 202 586-2075 FORS

Golf John Panek 301 903-4295 GTN

Soccer Ken Kellar 301 903-9420 GTN

Bicycle Advocacy Dan Adkins 202 586-5990 FORS

"DOE and ERWA do not endorse products or services advertised in ERWAYS nor endorse or guarantee products purchased from lobby vendors."



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U.S. Department of Energy Energy R & W Association Membership Application

Name _____

Phone # _____ Rt. Sym. _____

Duty Station (Bldg.) _____

Send \$4.00 & this completed form to:

ERWA Membership, E-066 GTN.

Membership good for 1 year from issue date.