

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|--|--|---|---|--|---|
| <h1>March 2010</h1> | | | |  | | March is National Nutrition Month Choose to eat right! | College Savings Webinars March 9 th and 18 th See page 13. |
| Orioles Opening Day Ticket Auction March 2 nd -4 th . Email nihrw@mail.nih.gov to participate. | 1 Manna Food Drive March 1 st - 19 th . See page 13. | 2 College Savings Plans of Maryland Bldg. 31 Rm. 6C10 | 3 Books Are Fun Book Fair Bldg.10 South Entrance Thru March 5 9am-2pm | 4 1st Annual Paddies Penguin Plunge Kick-off. Plunge - March 17 th See page 13. | 5 New Fitness Classes this month include: Boot Camp, Modern Dance, Pilates, Salsa and Yoga. | 6 NIH Philharmonia Concert 7:30pm @ Elizabeth Church Rockville | |
| 7 | 8 Do you have your Circus tickets yet? See page 3 for info. | 9 Nationals Opening Day Ticket Auction March 9 th - 11 th . Email nihrw@mail.nih.gov to participate. | 10 Focus on You Wellness Lecture 5635 Fishers Lane 1-2pm | 11 It's almost tax time. Reserve your appointment today. See page 19. | 12 Haiti Relief Fundraiser tonight and tomorrow. See page 9. | 13 Set your clocks tonight for Daylight Savings! | |
| 14 <i>A Year with Frog and Toad</i> Strathmore - 1pm See page 11. | 15 2010 Census Questionnaires Mailed/Delivered today. April 1 st Census Day | 16 Wear a little bit O'green tomorrow and save 10% at R&W. | 17 Happy St. Patrick's Day 13th Annual Night at the Circus - R&W has tickets! | 18 Cookies and Goodies needed for Patient Party!  | 19 | 20 First day of Spring. | |
| 21 | 22 NIH & NOAA Jackets 15% off this month. | 23 | 24 Get your Easter Honey Baked Ham Company dinner orders in. | 25 Road to Retirement Seminar Bldg. 31 Rm. 2 12-1pm | 26 Busch Gardens opens today. | 27 Six Flags America and Great Adventure open today. | |
| 28 | 29 Get your Orioles and Nationals tickets at the R&W. | 30 | 31 New movies this month - Precious, The Princess and the Frog Twilight: New Moon, Sherlock Holmes and more. | R&W Leisure and Travel Expo Bldg. 31A Patio April 29 th | Mary Poppins at The Kennedy Center. Tickets now on sale. See page 5. | RecGov Fair May 13 th See page 3. | |