





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2010</h1>					Losses in Our Lives, Pathways to Healing Workshop Bldg. 45 - 2/10 & 2/17 4:30-7:30pm See page 5.	Turning Your Savings Into A Retirement Paycheck Seminar Feb. 25 th - 12-1pm Bldg. 31A Rm. 2
NIH Sailing Association Open House. Thurs., Feb. 25 th See page 13.	1	2 Find out about NEW and HOT items at the R&W stores on page 21.	3	4 First day of Tax Preparation Service. Make an appointment today! Call 301-496-4600.	5 National Wear Red Day! Awareness Campaign for Women and Heart Disease.	6
7	8	9 Seminar: Planning Your Retirement Paycheck Bldg. 31A Rm. 2 12-1pm	10  Cookies and Goodies needed for Patients Valentine's Day Party.	11 Grease National Theatre - DC - 7:30pm Tickets available at R&W.	12 The R&W has flowers and great gifts for your loved one on Valentine's Day.	13 Disney On Ice: 100 Years of Magic Verizon Center Today @ 6:30pm Sunday @ 12:30pm
14 Happy Valentine's Day 	15 Holiday R&W Closed President's Day Observed	16 New Movie Arrivals this month include Couples Retreat, Law Abiding Citizen, and the Informant.	17 Focus on You Wellness Lecture: Keep Your Credit Score Healthy Bldg. 45, 12-1pm	18	19	20 NYC Trip - Fences starring Denzel Washington. See page 19 for info.
21 It's time to be counted. See page 19 for info regarding the 2010 Census.	22	23  Orioles Tickets on Sale Bldg. 31 - 8am	24	25  Nationals Tickets on Sale Bldg. 31 - 8am	26 Ski Season is coming to an end...get your ski on this weekend! R&W has ski tickets.	27 Monster Jam 1 st Mariner Arena 2pm
28 Disney Live - Rockin' Road Show Patriot Center 12:30pm	Have you renewed your R&W Membership for 2010? On sale for only \$7.	BJ's Wholesale Club membership fundraiser. Details on page 15.	College Savings of MD Seminar March 2nd 11:30am - 12:30pm, Bldg. 31 Rm. 6C10	The circus will "Zing Zang Zoom" to town March 17th. Buy tickets now! See page 7.	Seminar Tax Management March 4th 12-1pm RKL II Rm. 9100	Books are Fun Book Fair March 3rd - 5th Bldg. 10, 9am - 2pm