

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>February 2013</h1>					<b>Treats Galore</b> Bldg. 31A Lobby 2 <sup>nd</sup> Thursday of every month 10am – 2pm	<b>Capitals, Hoyas, and Wizards tickets still available for purchase online.</b> See pages 18 & 19.	<b>Black History Month Observance</b> Wed., Feb. 20 <sup>th</sup> Bldg. 10 9:30am – 10:30am Full details on page 3.
					<b>National &amp; Orioles Ticket Sale</b> Early March See page 3.	<b>Financial Seminar</b> February 20 <sup>th</sup> 12pm – 1pm Bldg. 31A Rm. 2 See page 9.	
<b>3</b>	<b>4</b>  <b>R&amp;W Memberships on sale \$9 for the rest of the year.</b>	<b>5</b> Understanding Federal Employees' Group Life Insurance Bldg. 31A Rm. 2 12pm – 1pm	<b>6</b> Visit Le Ciel Salon & Spa on Wednesdays and support the Children's Inn. See page 3 for details.	<b>7</b> R&W Tax Prep Every Thursday. See page 16 for schedule and how to make an appointment.	<b>8</b>	<b>9</b>	
<b>10</b>	<b>11</b> Clean Out Your Computer Day Delete All Files	<b>12</b> Upper Crust Bakery Bldg. 31A Lobby 10:30am – 1:30pm	<b>13</b> <b>Valentine's Day is tomorrow. Purchase gifts for your loved one at the R&amp;W.</b>	<b>14</b>  Cookies and Goodies needed for Patient Party.	<b>15</b>	<b>16</b> Do a Grouch a Favor Day – For reading this you must spend at least \$5 at R&W to make David happy.	
<b>17</b> <b>A 3-day weekend makes for a great weekend of skiing. Purchase tickets at R&amp;W.</b>	<b>18</b> <b>President's Day R&amp;W Stores &amp; Fitness Centers Closed</b>	<b>19</b> New DVD arrivals this month include Flight, Skyfall, and Argo.	<b>20</b> <b>The Circus is one month from today. Buy your tickets now for the best available seats.</b>	<b>21</b>	<b>22</b> Last day to register for Winter Wellness Workshops. More info on page 2.	<b>23</b> <b>NIH Philharmonia "Homage &amp; Images" St. Elizabeth Church Rockville @ 7:30pm</b>	
<b>24</b> Disney Live: Mickey's Music Festival Patriot Center – 1pm See page 19.	<b>25</b> 60 Day Weight Loss Challenge begins today. See page 2 for details on how to compete.	<b>26</b> R&W shipping service now located inside Bldg. 10 CRC R&W store every Tuesday. See page 7.	<b>27</b>	<b>28</b> NIH Sailing Association Open House FAES House 5pm – 8pm	<b>New Weight Watchers Session begins March 4<sup>th</sup> in Bldg. 10.</b> See page 2 for info.	<b>MonsterJam Sun., March 3<sup>rd</sup> - 1pm 1<sup>st</sup> Mariner Arena</b> See page 4 for ticket info.	