

Greetings from the NIH Bicycle Commuter Club

We are counting bikes this week, and thought we would take the opportunity to make sure you are aware of our e-mail list-serve and web site. Our website is posted at <http://www.recgov.org/r&w/nihbike/index.html> You can sign up for our list-serve by following the instructions on our website. The list-serve is now moderated to reduce spamming, and results in, on average, about five messages per week. We use the list serve to keep NIH bike commuters updated about club activities, community cycling events, regulations effecting cyclists, and to provide alerts for supporting bicycle transportation.

Our website has links to and information about our “Bikely” NIH Bike Commuter Routes database, our club’s activities calendar, service opportunities, and lists of bike racks, lockers and shower facilities here at NIH. In the next year, the club is seeking to host more bike maintenance classes and bicycle safety classes. We continue to administer the NIH Bike Bucks program, an incentives program that financially rewards cyclists for miles they commute by bike instead of by car, bus or train. We also host a Ride Mentor program that matches new bike commuters with veteran NIH bike commuters. We are looking for bicyclists interested in mentoring or being mentored.

For your safety, and for the good name of cyclists everywhere, please obey stop signs and other traffic regulations on campus and beyond. If you would like more information about the club, please contact Angela Atwood-Moore (atwood@box-a.nih.gov). Thanks for commemorating International Car Free Week by choosing less-polluting commuting.

Ride hard! Ride safe! Ride on!

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